

# 2008 CONTINUING EDUCATION THE SCHERER INSTITUTE OF NATURAL HEALING

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## FLOWER ESSENCES AS FIRST AID AND ACUTE SYMPTOM RELIEF

8 CE HOURS with Jane Ellen

**Date:** Saturday, June 21, 2008

**Time:** 9 am to 6 pm

**Fee:** \$125

This class is designed for anyone interested in safe, inexpensive, effective support for your well-being and the well-being of those you care about during times of emergency, crisis, or when experiencing acute symptoms emotionally, psychologically, spiritually or physically. Whether you are new to Flower Essences or have experience with them, there will be useful information in this class for you. Participants will be introduced to 12 Flower Essence formulas that address some of the most common and fundamental healing themes of our times. These formulas are intended to offer *immediate relief and first aid*, and are utilized differently than a personalized blend of Flower Essences chosen for long-term transformation. Beautiful handouts will be included, as well as information on various indications and applications. Space will be held for your questions to be responded to, as well as room to deepen your understanding of how Flower Essences work, and how to receive their support in the most beneficial and rewarding ways. **Note:** Flower Essences are different than the *essential oils* of flowers; they are liquid drops, receive orally, and are fragrance-free.

**Instructor:** Jane Ellen received her training in Flower Essence Therapy through the Practitioner Training Program with the Flower Essence Society (FES) in 2003, and is currently involved in their Certification Program, focusing her case study work on Flower Essences and the hospice community. Her plant study on White Yarrow is featured on their website, as well as a narrative on her "Flower Essence Selection Process with Clients." An article titled, "The Use of Flower Essences in Hospice Care" reflects the results of the Flower Essence program she set up with the Medical Director of Windber Hospice in Pennsylvania. Jane draws from her

background in polarity therapy, mediation, non-violent communications, and Hakomi Integrative Somatics for trauma recovery.

**“Your introduction to the flower essences far surpassed my expectations! I look forward to living more with the flowers! Thanks so much!” A.H. – 2006 Scherer Institute CE Program Participant**