

2008 CONTINUING EDUCATION THE SCHERER INSTITUTE OF NATURAL HEALING

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ESSENTIAL FLOWER ESSENCE SUPPORT FOR CAREGIVERS

8 CE HOURS with Jane Ellen

Date: Sunday, June 22, 2008

Time: 9 am to 6 pm

Fee: \$125

Body workers, energy workers, hospice caregivers, mothers, fathers, nurses, doctors, mid-wives, social workers and therapists...this class will introduce you to Flower Essences for *your own* spiritual, psychological and emotional well-being *as a caregiver*. You will receive information on how Flower Essences work, as well as the significant difference between receiving their support on a short-term basis for symptomatic relief, or on a long-term basis for personal transformation. You will have the opportunity to learn about individual Flower Essences to support your specific needs, as well as pre-made formulas to call upon regularly or in times of crisis. Space will be held for your questions to be thoroughly responded to. **Note:** Flower Essences are different than the *essential oils* of flowers. They are liquid drops, receive orally, and are fragrance-free.

Instructor: Jane Ellen received her training in Flower Essence Therapy through the Practitioner Training Program with the Flower Essence Society (FES) in 2003, and is currently involved in their Certification Program, focusing her case study work on Flower Essences and the hospice community. Her plant study on White Yarrow is featured on their website, as well as a narrative on her "Flower Essence Selection Process with Clients." An article titled, "The Use of Flower Essences in Hospice Care" reflects the results of the Flower Essence program she set up with the Medical Director of Windber Hospice in Pennsylvania. Jane draws from her background in polarity therapy, mediation, non-violent communications, and Hakomi Integrative Somatics for trauma recovery.

"You have a lovely teaching style—honest, thoughtful, and respectful. Thank you for sharing and teaching. Your enthusiasm is contagious." R.M. – 2006
Scherer Institute CE Program Participant